## **LINKAGES Publications**



Publications are available in English, Spanish and French (unless otherwise stated)
For copies, contact LINKAGES or www.linkagesproject.org

Facts for Feeding (recommended feeding and dietary practices to improve nutritional status at various points in the life cycle)

Birth, Initiation of Breastfeeding, and the First Seven Days after Birth. July 2003 (Update). 8 pages.

Breastmilk: A Critical Source of Vitamin A for Infants and Young Children. October 2001 (Update). 8 pages.

Guidelines for Appropriate Complementary Feeding of Breastfed Children 6–24 Months of Age. A Joint Publication of the LINKAGES Project and the SARA Project. October 2001 (Update). 4 pages.

Recommended Practices to Improve Infant Nutrition during the First Six Months. September 2001 (Update). 4 pages.

Frequently Asked Questions - FAQ Sheets (answers to questions on topics addressed by the LINKAGES Project)

Breastfeeding and HIV/AIDS. May 2001 (Update). 6 pages.

Breastfeeding and Maternal Nutrition. July 2003 (Update). 6 pages.

Exclusive Breastfeeding: The Only Water Source Young Infants Need. October 2002. 8 pages.

The Lactational Amenorrhea Method (LAM). September 2001 (Update). 6 pages.

Mother-to-Mother Support for Breastfeeding. May 2002 (Update). 4 pages.

**Experience LINKAGES** (descriptions of strategies, tools, and materials used by LINKAGES to achieve results)

Experience LINKAGES: Results. April 2003. (English)

Experience LINKAGES: Program Approach. May 2003. (English)

Experience LINKAGES: Training Tools. August 2003. (English)

Experience LINKAGES: Behavior Change Communication. August 2003. (English)

**World LINKAGES** (four-page publications that describe LINKAGES' country program activities)

*Bolivia.* September 2002. (English and Spanish).

*Ghana.* September 2002. (English).

*East and Southern Africa.* July 2003. (English).

India. October 2000. (English).

Jordan. October 2002. (English).

*Madagascar*. June 2002. (English and French).

Zambia. September 2002. (English).

LINKAGES is a USAID-funded program managed by the Academy for Educational Development to provide technical information, assistance and training to organizations on breastfeeding, related complementary feeding and maternal and dietary practices, the lactational amenorrhea method and the prevention of mother-to-child transmission of HIV.

## **Technical Papers**

The Case for Promoting Multiple Vitamin/Mineral Supplements for Women of Reproductive Age in Developing Countries. S. Huffman, J. Baker, J. Shumann, E. Zehner. November 1998. 50 pages.

Developmental Readiness of Normal Full Term Infants to Progress from Exclusive Breastfeeding to the Introduction of Complementary Foods: Reviews of the Relevant Literature Concerning Infant Immunologic, Gastrointestinal, Oral Motor and Maternal Reproductive and Lactational Development. A. Naylor, ed. and A. Morrow, co-ed. Wellstart International and the LINKAGES Project. April 2001. (English). 40 pages.

*Essential Health Sector Actions to Improve Maternal Nutrition in Africa.* The Regional Centre for Quality of Health Care at Makerere University in Uganda and the LINKAGES, MOST, SARA and SANA Projects. May 2001. (English). 70 pages. Summary Paper available in English and French. 8 pages

HIV and Infant Feeding: A Chronology of Research and Policy Advances and Their Implications for Programs. E. Piwoz and E. Preble, A Joint Publication of the LINKAGES and SARA Projects. September 1998. (English and French). 36 pages.

*Improving Breastfeeding Behaviors: Evidence from Two Decades of Intervention Research.* C. Green. November 1999. (English). 74 pages.

*Infant Feeding in Emergencies: Module 1 for Emergency Relief Staff.* WHO, UNICEF, LINKAGES, IBFAN, ENN, and additional contributors. November 2001. (English). 56 pages.

*Interventions to Improve Breastfeeding Behaviors: Detailed Summaries of 51 Studies.* C. Green. November 1999. (English). 105 pages.

LAM (Lactational Amenorrhea Method) Interactive Multimedia CD for Program Planners. June 2002. (English).

Maternal Nutrition: Issues and Interventions (A Computer-based Slide Presentation for Advancing Maternal Nutrition). August 2000.

*Packaged Foods for Complementary Feeding: Marketing Challenges and Opportunities.* R. Porter and L. Shafritz. March 1999. (English). 43 pages.

*Prevention of Mother-to-Child Transmission of HIV in Asia: Practical Guidance for Programs.* The LINKAGES Project and Centers for Nutrition and Family Health, Academy for Educational Development. June 2002. (English).

*Quantifying the Benefits of Breastfeeding: A Summary of the Evidence.* The LINKAGES Project and the Pan American Health Organization. June 2002. (English and Spanish). 182 pages.

Recommended Feeding and Dietary Practices to Improve Infant and Maternal Nutrition. February 1999. 35 pages.

Successful Community Nutrition Programming: Lessons from Kenya, Tanzania, and Uganda. LINKAGES Project, the Regional Center for Quality of Health Care at Makerere University, and UNICEF. June 2002. (English).

## **Brochures**

LINKAGES: A Worldwide Project. Academy for Educational Development, 2003.

Meeting the Challenges of Infant Feeding in Communities Affected by HIV. September 2002. (English)

*Profiles: A Process for Nutrition Policy Analysis and Advocacy.* Academy for Educational Development, 1999.